



SJ Seniors Menu \$16.90

Main Course Only

ENTREES

SOUP OF THE DAY 4

PRAWN COCKTAIL [GF] 4
w/lettuce & thousand island dressing

EXTRAS

ADD 1 PIECE OF FISH 5

UPGRADE TO MASH OR VEG 3

TOPPINGS [GF] 4
Parmigiana

Garlic cream & herb 4.5

Surf sauce 9
w/prawn cutlets and squid in a
garlic and white wine cream sauce

HOT DRINKS 4

TEA/COFFEE
espresso coffee & selection of teas

MAINS

CHICKEN BREAST SCHNITZEL
w/chips, salad & choice of gravy

SALT AND PEPPER SQUID [GFO]
w/chips, salad & tartare

FISH & CHIPS [GFO]
battered, crumbed or grilled
w/chips, salad & tartare

ROAST OF THE DAY
changes regularly

LASAGNE VERDI [VG/GF]
housemade w/seasonal veg & nap sauce
add cheese [optional]
w/sweet potato fries & fresh rocket

DESSERT

ICE CREAM SUNDAE [GF] 4
w/choice of sauce & sprinkles

ETON MESS [GFO] 4
w/meringue, berry compote, cream
& topped w/biscuit crumb

Seniors Lunch Menu is available Wed-Sun

We can accommodate most dietary requirements, please see our staff